

Sharing the Secret Recipe

~Mary Maxwell, Posted September 4, 2012



Maria in Madison writes, “My daughter-in-law keeps asking me to give her the recipe for marinara sauce that has been passed down for three generations. Trouble is, I don’t trust her with it and she isn’t a blood relative. It’s obvious to everyone that we simply don’t get along and I think she is only doing this to push my buttons. Of course, my less-than-ideal relationship with my son’s wife saddens him. What should I do to get her to back off without hurting my son’s feelings?”

Oh Maria, where to start? You really don’t like this daughter-in-law, do you? And apparently, you have made it abundantly clear how you feel to the whole family. Nice. I wonder how her family feels about your son. Doesn’t it occur to you that she is trying to compliment you by asking for the recipe? And when you say you don’t trust her, what do you think she plans to do with it? Auction it on Ebay? Sell it to Emeril? You can’t be serious about valuing your marinara sauce recipe over your son’s feelings. And you know what? I’ve tasted your marinara sauce. I don’t know why you’re making such a fuss about it.

Watch the video,

<http://www.caregiverstress.com/2012/09/sharing-the-secret-recipe/>

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