

Saving a Friendship

~Mary Maxwell, Posted February 20, 2012



Linda from Tulsa writes, "Dear Mary, my best friend and I met 24 years ago and instantly connected. Lately however, we have begun to drift apart. She retired 3 years ago and spends her days shopping, lunching and relaxing. I'm still working full time with no intentions of stopping anytime soon. My friend doesn't understand why I can't just drop everything to go on a 3-week vacation or a 2-hour lunch with her. I want to be friends but our lives are suddenly very different. How can I save our friendship?"

Linda, just so we're on the same page, would your friend be paying for that 3-week vacation and those 2-hour lunches? If not, then I think you're skating on thin ice. I think you would really like to be your friend--retired, traveling, lunching, reading, relaxing. I know I would. Would you mind giving me her phone number? Just kidding. No, it's probably time to put a hold on the friendship until you're in the same place as she is. It will prevent you from doing her bodily harm. Although, I don't think there's a jury in the world that would convict you.

Watch the video,

www.caregiverstress.com/2012/02/saving-a-friendship/

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