

Mary Maxwell Comments on the Secret of a Happy Marriage

~Mary Maxwell, Posted September 20, 2011



Today's Question comes from Sharon in Santa Fe. She says, "My granddaughter is getting married this summer and asked for the secret to a happy marriage. What should I tell her?"

That's a wonderful question, Sharon. It's difficult because we promised to be true to each other until death do us part. But nobody ever tells you how long that might be. My husband and I just celebrated our 50th wedding anniversary and I can't tell you how surprised we both were. I remember the day we were married the priest told us, "never to go to bed mad at each other." So for the first 10 years, we stayed up and fought all night. But of course, my instinctive answer to the question of what is the secret of a happy marriage is bourbon. Or the alcoholic beverage of your choice. But I'm pretty sure that's not a politically correct answer. No, I guess I would opt for the traditional Erma Bombeck reason to stay together. That would be, whoever leaves first has to take the dog -- and the children.

Watch the video,

www.caregiverstress.com/2011/09/mary-maxwell-post-2/

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