

Returning Home Resources

For more information about resources included in the Returning HomeSM Guide as well as websites that can provide additional information about the issues discussed in the guide, refer to the following:

Medicare Coverage of Durable Medical Equipment and Other Devices;

online at medicare.gov/Publications/Pubs/pdf/11045.pdf

Who can get Medicare covered home health, from Medicare.gov; online at questions.medicare.gov/app/answers/detail/a_id/1347/~/who-can-get-medicare-covered-home-health-care,-and-what-services-does-medicare

Home Care Cost Myth Busters; online at caregiverstress.com/home-care/unraveling-home-care-myths/

Your Discharge Planning Checklist (Medicare); online at medicare.gov/Publications/Pubs/pdf/11376.pdf

The early warning signs of trouble from the Visiting Nurse Service of N.Y. (Page 22); online at ehcca.com/presentations/readsummit2/marren_2.pdf

The risks from the Centers for Disease Control; online at cdc.gov/MedicationSafety/Adult_AdverseDrugEvents.html

A checklist for a medical appointment from the National Transitions of Care Coalition; online at www.ntocc.org/Portals/0/Taking_Care_Of_My_Health_Care.pdf

Home Care: A Family Caregiver's Guide, United Hospital Fund; online at nextstepincare.org/uploads/File/Guides/Home_Care/Guide/Home_Care.pdf

Next Steps in Discharge Planning, from the United Hospital Fund Checklist; online at nextstepincare.org/uploads/File/Guides/Hospital/Discharge_Checklist/Discharge_Checklist.pdf

Becoming a Family Caregiver from United Hospital Fund; online at nextstepincare.org/uploads/File/Guides/Becoming_a_Caregiver/Becoming_a_Caregiver.pdf

Tips for Finding Information from the United Hospital Fund; online at nextstepincare.org/uploads/File/Helpful_Tip_for_Family_Caregivers.pdf

Medications List from the National Transitions of Care Coalition; online at www.ntocc.org/Portals/0/My_Medicine_List.pdf

Checklist to Determine Nutritional Health; online at nutritionandaging.fiu.edu/downloads/NSI_checklist.pdf

Durable Power of Attorney for Health Care; online at caregiverstress.com/family-communication/40-70/end-of-life-issues/life-legacies/

Home Instead Senior Care network research (IMPROVING THE LIVES OF FAMILY CAREGIVERS); online at homeinstead.com/Documents/IMPROVING%20THE%20LIVES%20OF%20CAREGIVERS.pdf

The Importance of a Health Care Power of Attorney; online at returninghome.com/attorney

Determining the Best Place for your Loved One to Recover; online at returninghome.com/facility

Tips on Selecting Medical Equipment; online at returninghome.com/equipment

Scope of non-medical home care; online at caregiverstress.com.

The Home Care Solution; online at homeinstead.com/SiteCollectionDocuments/HIS_1109_Home_Care_Guide11.pdf

How to Assess the Amount of Care Needed; online at returninghome.com/assess

Understanding what Insurance Provides; online at returninghome.com/insurance



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Emergency Preparedness – planning online at caregiverstress.com/home-care/planning/planning-better-prepare-families/

Latest technologies; online at caregiverstress.com/senior-activities/technology-computers/

Senior Safety Checklist; online at caregiverstress.com/senior-safety/planning-tips/senior-safety-checklist/

Guidelines for a Safe Home Transfer; online at returninghome.com/safety

Senior Emergency Kit Medication Tracking Form from the Home Instead Senior Care network; online at caregiverstress.com/senior-safety/health-information-management/senior-emergency-kit/worksheets-checklists/

Creating a Plan of Care; online at returninghome.com/plan

Discharge & Care Planning Resources & Tools; online at returninghome.com/tools

Reference White Paper, “Improving the Lives of Family Caregivers” from the Home Instead Senior Care network; online at homeinstead.com/Documents/IMPROVING%20THE%20LIVES%20OF%20CAREGIVERS.pdf

Advice and Educational Resources for Family Caregivers Providing Transitional Care; online at returninghome.com/resources

Resources for Effective Family Communication Around Care; online at returninghome.com/communication

Resources for family caregivers from the

Home Instead Senior Care network; online at caregiverstress.com

Senior Emergency Kit; online at caregiverstress.com/senior-safety/health-information-management/senior-emergency-kit/worksheets-checklists/

Managing New Medications; online at returninghome.com/medications

Medications and emergencies; online at caregiverstress.com/senior-safety/health-information-management/senior-medication-management/

How to prepare for an emergency including what your doctor should know, from the Home Instead Senior Care network; online at caregiverstress.com/senior-safety/health-information-management/senior-medication-management/answering-call/

How to Manage Follow Up Appointments; online at returninghome.com/appointments

Warning signs and tips from the Home Instead Senior Care network; online at caregiverstress.com/fitness-nutrition/family-meals/nutritional-risks-warning-signs/

Recommended Foods that Aid Senior Recovery; online at returninghome.com/food

Information and Guidance on Maintaining Proper Nutrition for Seniors; online at returninghome.com/nutrition

Returning Home Resources and Information; online at returninghome.com



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