START A COLLECTION

Think about items of interest that have been collected through the years. Many seniors have stashed away old coins or stamps or baseball cards. How about costume jewelry from the 1940s or ‘50s?

Perhaps pieces of the collection are scattered around the house. Make it a treasure hunt of sorts.

Next, decide where you would store this collection. Depending on what you have gathered or decided to collect, you may need a lot of room or a special place that will help preserve the items you are collecting. Think about different ways you could display these treasures. If you decide to collect valuable items, such as baseball cards, consider a safe deposit box at the bank.

Or you could begin a collection that a senior would pass down through the family. Need help? Start collecting by visiting garage sales, looking for the items while traveling or researching on the internet.