

THIS IS YOUR LIFE

Soul

Why not check out those old photo albums while you take a trip down memory lane. Going through the pictures will undoubtedly jog a senior's memory and prompt a few stories.

While you're looking through those old pictures, let your senior's imagination and memories run wild. Do those old photo albums need a face lift?

Tackle one of those projects today. Why not write down all those stories next to the photos. You'll treasure them in years to come.

