Remembering and memorizing song lyrics is a great way to keep the mind active. How about “Moon River,” the hit made popular in the 1960s by legendary crooner Andy Williams. If you don’t know the tune, Google it, or let your senior teach you how it goes.

Here are a few others from the 1940s, ‘50s and early ‘60s that your loved ones might remember:

“Chances Are” (Johnny Mathis)
“Blueberry Hill” (Fats Domino)
“When You Wish Upon a Star” (Cliff Edwards)
“You Send Me” (Sam Cooke)
“Wake Up Little Susie” (The Everly Brothers)
“Sentimental Journey” (Doris Day)
“Fly Me to the Moon” (Frank Sinatra)

Ask a senior to remember and sing other songs as he or she is going about the day.