

National Do-Not-Call-Registry



The Federal Communications Commission and the Federal Trade Commission have a national Do-Not-Call Registry that applies to all telemarketers – with the exception of certain nonprofit organizations – and covers interstate and intrastate calls.

You can register your phone numbers for free, and they will remain on the list until you remove them or discontinue service. The Do-Not-Call Registry does not prevent all unwanted calls, including calls from organizations with which you have established a business relationship or you have given prior written permission, plus calls that are not commercial.

How to Register

People may register their residential telephone number, including wireless numbers, on the Do-Not-Call Registry at no cost. To register online and for additional information, go to donotcall.gov. To register by phone, call **888.382.1222**; for TTY, call **866.290.4236**. You must call from the phone number you wish to register.

How to File a Complaint

You can file a complaint by calling **888.CALL.FCC (888.225.5322)** voice or **888.TELL.FCC (888.835.5322)** TTY, by fax to **866.418.0232**, via an electronic complaint form at donotcall.gov, or by mail. To process your complaint, you must either fill in the electronic form or otherwise indicate:

- Your name and address and the home phone number where you received the solicitation;
- Identification of the company whose products or services were being advertised or sold, and any phone numbers included in the call plus a description of the call;
- Any phone number provided to allow you to “opt-out” of future calls;
- Whether you gave the caller express prior permission to call and whether you have an established business relationship with the caller.
- If mailing a complaint, send to:
FCC, Consumer and Governmental Affairs Bureau,
Consumer Inquiries and Complaints Division,
445 12th St., SW,
Washington, DC 20554.

For more information about protecting your seniors from scammers, contact your [local Home Instead Senior Care® office](#), or visit ProtectSeniorsFromFraud.com.

